

Being a better man...  
Authority, Responsibility and Control Part 3

**SELF CONTROL**

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REVIEW: BEING A MANLY MAN:

AUTHORITY, RESPONSIBILITY AND CONTROL

# AUTHORITY, RESPONSIBILITY AND CONTROL

- DICTIONARY.COM:
  - **AUTHORITY**: the right to control, command, or determine.
  - **CONTROL**: to exercise restraint or direction over; dominate; command
  - **RESPONSIBILITY**: the state or fact of being responsible, answerable, or accountable for something **within one's power, control**, or management
- So, Authority Is The Right To Control
- Control Is The Exercise Of Control AND
- You Are Responsible For What You Control.

# MANLY MAN TRAIT NUMBER 1: FAITHFULNESS

## BEING A MAN OF YOUR WORD

**FAITHFULNESS a/k/a**

**DEPENDABLE, RELIABLE, TRUSTWORTHY, CONSISTENT, TRANSPARENT**

# Paul's List Of Manly Qualities Of Church Leaders

TITUS 2: 1-5 MANLY QUALITIES	TIMOTHY 3:1-6 MANLY QUALITIES	COMMENTS
<b>Faithful to his wife</b>	<b>Faithful to his wife</b>	<b>FAITHFULNESS WAS MANLY TRAIT #1 FAITHFULNESS</b>
must <i>manage his children and his household</i> well a man whose children believe and are not open to the charge of being wild and disobedient.	<i>manage his own family well</i> his children obey him knows how to manage his <b>own family</b> ,	<b>MANLY TRAIT #2 CONTROL CONTROL OF FAMILY</b>
Blameless <i>Above Reproach</i>	<i>Above Reproach</i> Worthy of Respect Good Reputation	HAVING A GOOD REPUTATION WAS PART OF MANLY TRAIT 1: FAITHFULNESS
Not overbearing Not Arrogant	Not Argumentative	<b>CONTROL OF ONE'S TONGUE</b>
<i>Self Controlled</i> Disciplined	<i>Self Controlled</i> Temperate	<b>CONTROL OF ONESELF</b>
Not Quick to Anger <i>Not Violent</i>	<i>Not violent</i> but gentle	<b>CONTROL OF TEMPER</b>
<i>Not a Drunkard</i> Not greedy	<i>Not a Drunkard</i> Not indulging in much wine	<b>CONTROL OF CONSUMPTIONS</b>
<i>Hospitable</i>	<i>Hospitable</i>	
Lover of Good Upright	Not a lover of money, Not pursuing dishonest gain	
Sincere		

**MANLY MAN TRAIT NUMBER 2:**

**MANAGE HOUSEHOLD WELL**

# CONTROLLING OTHERS: FAMILY AND HOUSEHOLD

COMBINED QUALITIES	Applications
<p>must manage family, children and household well</p> <p>Children: believe / dependable are not wild Not disobedient and obey him</p>	<p>Does your wife submit to you? Do your children obey you? Are your children respectful? Courteous? Well mannered?</p>

**MANLY MAN TRAIT NUMBER 3:**

**SELF CONTROL**

# Controlling Your Tongue

- Not overbearing
- Not Arrogant
- Not Argumentative
- Do you get along with others?
- Do you pick on or make fun of people?
- Do you frequently get into arguments or even fights?
- Are you more focused on winning than what is right?
- Are you able to keep your mouth shut when needed?
- Are you self-centered?
- Do you always have to be right?

# Controlling Your Temper and Aggressiveness

- Not Quick to Anger
- Not Violent
- Gentle
- Are you fairly described as being a real nice guy or are you the bully?
- Are you often angry?
- Get road rage?
- Do you give unkind criticism of others?
- Are you overly competitive, even over stupid things?
- Are you too hard on some people, especially fragile people?

# Controlling Your Appetites and Desires

- Self Controlled
- Disciplined
- Temperate/Sober
- Do you manage your eating and drinking? Do you go on binges of eating or drinking?
- Do you lack will power? Are you lazy?
- Do you go overboard? Do you obsess over things?
- Are you even keeled? Can you always keep your cool?
- Or do you 'lose it' sometimes?

# Controlling Addictions

- Not a Drunkard
- Not greedy
- Not indulging in much wine
- Do you lack will power when you drink? Do you drink too much? Do you get drunk?
- Are you addicted? Do you sometimes “need” a drink?
- Are you generous or too tight with your money? Do you love your money?
- Does money control you?
- Are you addicted to smoking? Chocolate? Pornography? Football?

# How to Acquire These Manly Character Traits

- Thank God these Traits are received by God's grace through the fruit of the Holy Spirit.
- That means that over time God will work in you and through you to be more Manly, if you stay at it!
- Because these qualities are gifts from God (fruit of the Holy Spirit you can ask for them,
- But the fruit of the Spirit is love, joy,
- **peace, patience, kindness,**
- goodness,
- **faithfulness,**
- **gentleness,**
- **self-control;**
- Galatians 5:22-13

# The Measure of the Man

Church leader qualifications	Fruit of the Spirit	Mens Health 5 Manly Traits
Above Reproach	Faithfulness	{1}Faithfulness {2}Dependability
Not Arrogant		
Not Quick to Anger	Peace Patience	{5}Fatherliness
Not a Drunkard	Self Control	{5}Fatherliness
Not Violent	Gentleness	{5}Fatherliness
Not greedy	Love Joy	
Hospitable	Kindness	[3]Kindness
Lover of Good	Goodness	{4}Moral Integrity
Self Controlled	Self Control	
Upright	Goodness	{5}Fatherliness
Disciplined	Self Control	

# SELF CONTROL: Discussion Scenarios

# SCENARIO 1: JOHN (the reviler)

- Poor John. His mother was a real nag. She constantly brow beat him and made him feel small and weak.
  - John's grown up now, but he's damaged goods. He is a reviler. That is someone who never raises their hand against others but uses their acid tongue to belittle, insult, demean and criticize. He calls his wife things like "stupid" and "idiot".
  - John also asserts his authority over his two sons, aged 8 and 14, by calling them "lazy" and "up to no good".
  - Oddly enough, John actually thinks he's a great husband and father because his wife (he insists) needs to be motivated and his boys need to learn to work hard and not expect anyone to give them a helping hand.
  - This situation was recently communicated to you by the principal of the Middle School where John's 14 year old attends. Apparently, he has been beating up other smaller boys and then claimed he was just "toughening them up".
- DISCUSSION:
  - What is the difference between constructive criticism and plain old criticism? Is it in the substance, delivery or motives or all 3?
  - Is there anything in the Sermon on the Mount (Matt ch 5-7) that would clue John in that he's being sinful? (Hint: The Blessed don't cause children to stumble, do they? Who are the Blessed.
  - What advice from Paul's letter to Timothy would you share with John's two sons?
  - What do you say to John to convince him he's shall we say, messed up? (Hint: what kind of people won't inherit the Kingdom of God).
  - How do we try to fix this failure of John, who clearly is a victim too since his own childhood? Is this read a Bible verse and call me in the morning or do John, his wife and boys all need real counseling?

# SCENARIO 2: PAUL the arrogant

- Our friend Paul is a real pain in the neck. He just always has to be right. He never quits. And it often an argument about something really insignificant.
  - And any time you bring up his behavior he gets all defensive and argumentative. Rather than address the issue you raise with him, he goes on the attack and tries to divert attention to your shortcomings.
  - Further, when he argues with you he has these really annoying habits. One is he wags his finger at you and sometimes even pokes you in the chest. If that wasn't enough on its own, the finger wagging is always accompanied by high volume yelling.
  - Recently you saw his name on the list of people that would be leading home/growth groups. You are concerned to say the least.
- DISCUSSION
  - How many character flaws in Paul can you identify? What character flaws of Paul are you the most concerned by?
  - Should Paul be leading a home group? If he should not do so now, what kind of changes or efforts would you require before letting him teach, even if in his house?
  - What forms of Christian would be available?
  - Or are we making too big a deal about this guy?

# SCENARIO 3: GEORGE (the lazy)

- George is 22 and a security guard at a near by defense contractor. Because the facility is surrounded by barbed wire fencing and surveillance cameras, George's only responsibility is to arrive on time and sit in a booth till his shift ends. George passes each day playing Angry Birds and texting friends. (His coworker, Hank, meanwhile is using his time in the booth to teach himself Hebrew!)
  - George lives at home. His mother cooks for him, makes his bed and does his laundry. She also pays his gas card.
  - George's dad, who worked on the railroad splitting logs to make railroad ties, passed away of a heart attack 10 years ago. Fortunately for George's mom, the railroad pension transferred to her and allows her to make ends meet without George making any financial contribution. This allows George to spend all his money on himself.
- **DISCUSSION**
  - You first learned of this situation when discussing George's plan to get married and request of his mom for you to give them premarital counseling. George and his girlfriend plan a short honeymoon to Las Vegas and then will both live with Mom. Mom's o.k. with it because she doesn't want to be lonely.
  - What is terribly wrong here? Is George a man or a boy? Is George in sin?
  - Where in Scripture do you find the Bible teaching us we should be hard working, contribute to our household and not be lazy?
  - How do you handle this situation? Do you advise George alone? Talk first to his mother? Both together?
  - Should George get married? Should he stay with his mother even when married?